



**SOLUTION
AID**

1 DAY COURSE – LEVEL 2 AWARD IN BASIC LIFE SUPPORT AND AUTOMATED EXTERNAL DEFIBRILLATION.

Solution Aid is approved to run First Aid Training certificated by Rescue & Emergency Care (REC) & Nuco Training

1 Day Course – Level 2 Award in Basic Life Support and Automated External Defibrillation.

The Level 2 Award in Basic Life and Automated External Defibrillation qualification has been developed to provide learners with the knowledge and skills to administer basic life support and use an AED in an emergency.

Early defibrillation and CPR are vital in the chain of survival following a cardiac arrest. This course is able to provide learners with the knowledge and skills to operate the AED safely.

It meets the HSE and the Resuscitation Council training recommendations for use of AEDs in the workplace.

Price inclusive of all course materials, course handbook and certification. (This price does not include room hire).

Courses tailored to

- The workplace
- Youth workers
- Outdoor workers
- School teachers

- Nursing home staff
- Travel industry staff

The training package

- 1 x 6 hour session
- Interactive hands on practical training
- One CPR training manikin per 2 participants
- Use of different AED machines
- Easy to follow individual course materials
- A recognised certificate valid for 3 years

No previous training is required for this course. Continuous Assessment takes place during this course.

Course content

- First Aid Principles
- Vital Signs

- Safe Airway Position
- Dealing with incidents
- Resuscitation Theory
- Resuscitation (CPR) for Heart Attack and Non Heart Attack
- Choking
- Safe use of AED
- Identify when electrode pads need replacing
- How to troubleshoot problems if the automated external defibrillator does not function correctly

Price inclusive of all course materials and certification.

(Please visit the Solution Aid website – www.solutionaid.co.uk for up to date course prices).